| Week | 41 | | Week 48 | |
|--------|------|-----------------------------|--------------------------------------|-------------------------|
| Oct | 6 | Hebrews 11:1, 32-40 | □ Nov 24 | Judges 6: 11-16 |
| Oct | 7 | Exodus 18: 17-24 | □ Nov 25 | Acts 4: 8-13 |
| Oct | 8 | Romans 14: 13-21 | □ Nov 26 | Job 5: 17-27 |
| Oct | 9 | 2 Samuel 9: 6-13 | □ Nov 27 | Daniel 3: 13-18 |
| Oct | 10 | Isaiah 40: 12-14 | □ Nov 28 | Isaiah 9: 1-3 |
| Oct | 11 | Jeremiah 36: 27-32 | □ Nov 29 | Hebrews 10: 19-25 |
| Oct | 12 | Romans 6: 16-23 | □ Nov 30 | Psalm 133 |
| | | | | |
| Neek 4 | 12 | | Week 49 | |
| Oct | 13 | Psalm 37: 3-7 | Dec 1 | 1 John 2: 28- 3: 10 |
| Oct | 14 | Ecclesiastes 7: 1-4 | \Box Dec 2 | 2 Kings 20: 1-19 |
| Oct | 15 | John 16: 12-15 | \Box Dec 3 | Psalm 78: 1-8 |
| Oct | 16 | Ecclesiastes 3: 1-7 | \Box Dec 4 | 2 Corinthians 9: 6-15 |
| Oct | 17 | Galatians 5: 22-26 | Dec 5 | Isaiah 7: 10-17 |
| Oct | 18 | Psalm 32: 1-5; Matt. 7: 1-5 | \Box Dec 6 | Ephesians 4: 1-6 |
| Oct | 19 | John 5: 39-47 | \Box_{Dec} 7 | Revelation 7: 91-2 |
| Neek | 43 | | | |
| | 20 | - 1 D / 1 0 11 | <u>Week 50</u> | - |
| | | 1 Peter 4: 8-11 | \square^{Dec} 8 | 2 Samuel 22: 17-20 |
| | 21 | Luke 16: 1-9 | Dec 9 | Deuteronomy 15: 7-11 |
| Oct | 22 | Romans 8: 14-21 | □ Dec 10 | 2 Corinthians 2: 1-10 |
| | 23 | Genesis 22: 1-3, 6-12 | Dec 11 | Isaiah 30: 15-19 |
| | 24 | Romans 1: 1- 6 | □ Dec 12 | Nehemiah 2: 1-6 |
| Oct | 25 | Job 42: 1-9 | Dec 13 | 1 Corinthians 12: 12-21 |
| Oct | 26 | 1 John 5: 13-15 | Dec 14 | Galatians 3: 26- 4: 7 |
| Neek 4 | 14 | | | |
| Oct | 27 | Zephaniah 3: 14-17 | Week 51 | |
| | 28 | 2 Timothy 1: 6-14 | Dec 15 | Psalm 31: 12-24 |
| | 29 | Psalm 104: 10-23 | Dec 16 | 2 Timothy 4: 1-8 |
| Oct | 30 | Psalm 47 | Dec 17 | Genesis 30: 1-2, 22-24 |
| Oct | 31 | Matthew 28: 16-20 | Dec 18 | Luke 2: 8-14 |
| □ Nov | | 1 Corinthians 1: 3-8 | Dec 19 | Psalm 119: 105-112 |
| □ Nov | | Proverbs 11: 23-26 | Dec 20 | Colossians 2: 1-5 |
| | - | 110,0105 11.25 20 | Dec 21 | Acts 11: 19-26 |
| Neek 4 | 15 | | Week 52 | |
| | | Ecologiestes 2: 1:11 | \Box Dec 22 | Isaiah 9: 1-7 |
| Nov | | Ecclesiastes 2: 1-11 | \square Dec 22 | Philippians 2: 6-11 |
| Nov | | Luke 23: 44-46 | \square Dec 23 | Matthew 5: 21-26 |
| Nov | | Colossians 3: 12-17 | | Isaiah 41: 8-13 |
| Nov | | 1 Chronicles 15:29-16:1 | $\square Dec 25$ $\square Dec 26$ | Jude 1: 17-23 |
| Nov | | John 15: 1-8 | \square Dec 20 | Revelation 5: 1-7 |
| Nov | | 1 Kings 19:8-11, 15-18 | \square Dec 27 \square Dec 28 | |
| Nov | 9 | Acts 13: 32-39 | Li Dec 28 | Proverbs 3: 13-18 |
| | | | | |
| Week | 46 | | <u>Week 53</u> | |
| 🗌 Nov | / 10 | Job 38:1, 4-18 | Dec 29 | Philippians 3: 15-21 |
| D Ner | . 11 | Domana 9, 21 20 | | |

Dec 30 Isaiah 43: 1-7

Dec 21 Luke 6: 46-49

□ Nov 11 Romans 8: 31-39 □ Nov 12 Deuter. 4: 5-8, 11-14 □ Nov 13 Psalm 27: 1-6 □ Nov 14 Luke 5: 1-11 □ Nov 15 Isaiah 43: 1-4 □ Nov 16 Ephesians 2: 1-10

Week 47

□ Nov 17 Lamentations 3: 21-23 □ Nov 18 John 10: 1-10 □ Nov 19 Psalm 143 □ Nov 20 John 4: 19-26 □ Nov 21 2 Timothy 3: 10-17 □ Nov 22 Psalm 62 □ Nov 23 Colossians 4: 2-6

| 2025 | CHURCH | DATES |
|------|---------------|-------|
|------|---------------|-------|

| Feast of Nativity: | 7 th January |
|---|--------------------------|
| Circumcision of our Lord: | 14 th January |
| Feast of Theophany: | 19 th January |
| Feast of Wedding at Cana: | 21 st January |
| Jonah's Fast: | 10^{th} Feb |
| Presentation of the Lord into the Temple: | $15^{th} Feb$ _ |
| 1 st Day of Great Lent: | 24 th Feb |
| Feast of the Cross: | 19 th March |
| Feast of Annunciation: | 7 th April |
| Lazarus Saturday: | 11 th April |
| Palm Sunday: | 12 th April |
| Covenant Thursday: | 16 th April |
| Good Friday: | 17 th April |
| Bright Saturday: | 18 th April |
| Feast of the Resurrection: | 19 th April |
| Thomas Sunday: | 26 th April |
| Feast of Ascension: | 28 th May |
| Entry of the Lord into Egypt: | 1 st June |
| Feast of Pentecost: | 7 th June |
| Start of the Apostles Fast: | 8 th June |
| Feast of the Apostles: | 12 th July |
| St. Mary's Fast starts: | 7 th August |
| Feast of the Transfiguration: | 19 th August |
| St. Mary's Feast: | 22 nd August |
| Coptic New Year: | 12 th Sept |
| Feast of the Cross: | 28-30 th Sept |
| | |

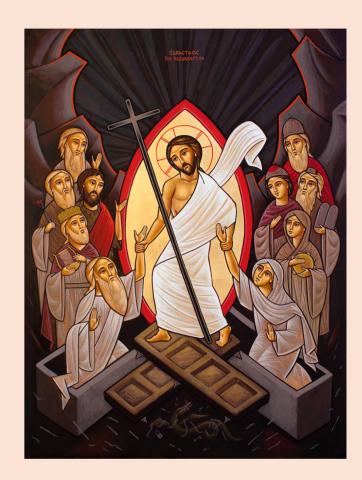
Enthronement of HH Pope Tawadros II: 18th Nov 25th Nov **Nativity Fast starts:**

With thanks to Coptic Mission. This schedule is based on resources from Coptic Mission Africa (copticmission.org)



ukmidcopts.org

"And though your beginning was small, your latter days will be very great." - Job 8:7



SCHEDULE FOR DAILY QUIET TIME 2025

| Wee | ek 1 | | | We | eek 8 | | |
|-----|--------------------------|----------|--|----|--------------|----------|-----------------------|
| | | | | | Feb | 17 | Ezekiel |
| | | | | | Feb | 18 | 2 Timo |
| | Jan 1 | | John 11:14-27 | | Feb | 19 | 2 Peter: |
| □J | an 2 | | Psalm 100 | | Feb | 20 21 | Roman: Matthey |
| 🗌 J | an 3 | | Jeremiah 15: 15-18 | | Feb Feb | 21 | Ecc. 4: |
| J | an 4 | | 1 John 3: 1-6 | | Feb | 23 | Matt. 2 |
| | an 5 | | Numbers 10: 8-10 | | | 23 | 111utt. 2. |
| Wee | | | X 1 1 05 10 | | ek 9 | | |
| | | 6 | John 1: 35-42 | | Feb | 24 | Psalm 5 |
| | | 7 8 | Ruth 1: 3-5, 20-21 1 Corinthians 6: 1-6 | | Feb Feb | 25 26 | Galatia: Lament |
| | | 9 | Psalm 121 | | Feb | | Joshua |
| | | 10 | 2 Corinthians 5: 14-21 | _ | Mar | | Psalm 9 |
| | Jan | 11 | Deuteronomy 31: 15-22 | | Mar | 1_ | Deuter |
| | Jan | 12 | Phil 3:1-12 | | Mar | 2 | John 1 |
| We | e k 3 | | | We | ek 1 | 0 | |
| | Jan | 13 | John 14: 1-7 | | Mar | | Ecc. 6:12 |
| | Jan | 14 | 1 Samuel 17:32, 41-47 | | Mar | | 1 Thess. |
| | Jan | 15 16 | Revelation 4: 4-11 Romans 15:5-13 | | Mar Mar | | Daniel John 20 |
| П | | 10 | Isaiah 26: 3-13 | | Mar | | Job 36: |
| Н | | 18 | Psalm 104: 24-35; | | Mar | | Philipp |
| | | 19 | Matthew 19: 16-26 | | Mar | | Mark 1 |
| | | | | _ | al 1 | 1 | |
| | <mark>ek 4</mark> Jan | 20 | Matthew 28: 1-10 | | eek 1 Mar | | Ezekiel |
| | Jan | 20 | Psalm 6 | | Mar | | |
| | Jan | 22 | Mark 10: 26-31 | | Mar | | |
| | | 23 | Ezra 8: 15-21 | _ | Mar | | 1 Peter |
| | Jan | 24 | Matthew 21: 1-9 | | Mar | 14 | Psalm 7 |
| | Jan | 25 | John 8: 31-36 | | Mar | | |
| | Jan | 26 | Amos 5: 21-24 | | Mar | 16 | Ephesia |
| | | | | | | | |
| Wee | e k 5 | | | We | ek 1 | 2 | |
| | | 27 | Deuteronomy 5: 12-15 | | Mar | | |
| | | 28 | 2 Kings 1: 9-15 | | Mar | | |
| _ | Jan Jan | 29 30 | Romans 12: 9-21 Matthew 7: 24-29 | | Mar Mar | | |
| _ | Jan | 31 | John 15: 1-12 | | Mar | | |
| _ | Feb | 1 | Habakkuk 1:12- 2:4 | | Mar | | |
| | Feb | 2 | Deuteronomy 11: 18-20 | | Mar | 23 | John 10 |
| Wee | ek 6 | | | We | ek 1 | 3 | |
| | Feb | | Isaiah 41:10-13 | | Mar | 24 | Isaiah 3 |
| | Feb | | Ephesians 5: 8-14 | | Mar | | Galatia |
| | Feb | | 1 Samuel 30: 1-6, 18-19 | | Mar | | |
| | Feb Feb | | John 12:25-33, 35-36 Colossians 3: 1-4 | | Mar Mar | | Psalm 1 Exodus |
| | Feb | | Luke 2: 25-35 | | Mar Mar | 28 29 | Psalm 1 |
| | Feb | | Psalm 37: 1-7 | _ | Mar | | 1 Pete |
| We | ek 7 | | | 10 | /eek | 14 | |
| _ | | 10 | Pevalation 10, 1.0 | | Mar | | John 19: 1 |
| _ | Feb 1 Feb 1 | | Revelation 19: 1-9 Isaiah 43: 14-21 | _ | | | |
| _ | Feb 1 | | Psalm 34: 1-10 | | Apr Apr | 1 2 | Psalm 89: John 20: |
| _ | Feb 1 | | Colossians 1: 15-23 | _ | Apr | | Isaiah 22: |
| | Feb | 14 | Romans 12.9-1-3 | | Apr | 1 | Philippia |

□ Feb 14

□ Feb 15

□ Feb 16

Romans 12:9-1-3

Isaiah 22:8-13

Psalm 147: 1-7

| | WCCR 15 | |
|---------------------------|-----------|-----------|
| ekiel 28:1-10 | April | 7 |
| Fimothy 2: 1-4 | April | 8 |
| Peter: 1: 2-8 | April | 9 |
| omans 8:22-30 | □ April | 10 |
| atthew 5:14-16 | 🗆 April | 11 |
| c. 4: 8-12 | 🗆 April | 12 |
| att. 23:37-24:2 | 🗆 April | 13 |
| | Week 16 | |
| alm 56: 3-11 | □ April | 14 |
| latians 2: 14-21 | April | 15 |
| mentations 3: 19-26 | □ April | 16 |
| shua 1: 1-9 | ☐ April | 17 |
| alm 91 | April | 18 |
| euteronomy 31:1-8 | April | 19 |
| ohn 14: 8-11 | 🗌 April | 20 |
| | | |
| . 6:12, 7:13-14 | Week 17 | 21 |
| hess. 4: 9-12 | April | 21 |
| miel 9:1-5, 17-19 | □ April | 23 |
| hn 20: 24-31 | | 24 |
| b 36:26-29, 37: 5-7 | | 25 |
| ilippians 4: 1-9 | | 26 |
| ark 12: 38-44 | | 27 |
| ark 12. 50 -11 | the April | 21 |
| | | |
| ekiel 37: 1-3, 7-10, 14 | | - |
| enesis 1: 26-31 | "(| Go |
| ark 4:35-41 | | ha |
| Peter 2: 4-10 | | <i>iu</i> |
| alm 73: 21-28 | | |
| olos. 1:27-29, 2: 6-10 | | |
| hesians 2: 4-10 | | |
| | | |
| | | |
| | | |

| Week 12 | | | | | | |
|---------|-------------|----|-------------------|--|--|--|
| | /lar | 17 | 1 Peter 2:11-25 | | | |
| | <i>A</i> ar | 18 | Luke 10: 38-42 | | | |
| | /lar | 19 | Matthew 27: 50-54 | | | |
| | <i>A</i> ar | 20 | Psalm 119:97-105 | | | |
| | <i>A</i> ar | 21 | Eccles. 2:17-26 | | | |
| | /lar | 22 | 1 Corinth. 3:5-9 | | | |
| | /Jar | 23 | John 10:1-10 | | | |

ans 3: 26-29 ew 21: 12-17 11 s 12: 12-19 139:1-6, 23-24 er 4: 7-11

25-30 : 5-17 11-18 :15-20, 22-25 Apr 4 Philippians 1: 3-8 Apr 5 Exodus 40: 34-38 Apr 6 Romans 14: 1-13

Week 15 Psalm 57 Habakkuk 3:6, 16-19 Proverbs 19:20-23 Matthew 25: 31-40 2 Tim 1:1-5 Ephesians 5: 1-9 Leviticus 19: 32-34

Luke 17: 1-5 Isaiah 55: 6-13 Ruth 4: 13-22 Luke 12: 22-34 John 14:15-21, 25-27 Proverbs 15: 1-7, 18 2 Corinthians 1: 3-7

Philippians 2: 1-5 Daniel 1:11-16; 2:19-20 Genesis 3: 1-11 Ephesians 4: 20-32 Ecclesiastes 10: 1-14 Psalm 116: 1-7 Exodus 18: 13-23

Week 21 □ May 19 Psalm 139: 7-12 May 20 John 4: 7-14 May 21 Luke 16:19-31 ☐ May 22 Proverbs 16: 3-9 □ May 23 1 Kings 19:9-12, 15-18 May 24 1 Corinthians 16: 10-14 May 25 Exodus 1:6-14

Week 22

□ May 26 Genesis 9: 12-17 □ May 27 2 Samuel 11: 1-6, 12-15 □ May 28 Revelation 5:6-12 □ May 29 Matthew 6: 1-4 May 30 Psalm 13 ☐ May 31 1 Peter 2: 9-12 □ June 1 Lamentations 3: 19-26

Week 23

☐ June 2 Deuteronomy 32: 1-4 ☐ June 3 Romans 12: 9-13 ☐ June 4 1 John 3: 1-3 ☐ June 5 Proverbs 14: 1-3, 26-27, 33 □ June 6 Exodus 3:7-10 June 7 Ephesians 4:11-16 ☐ June 8 Ezekiel 32:2-10

od made this wondrous and altogether rmonious creation for no one else for you." - St. John Chrysostom

Week 18

□ April 28 Hebrews 5:11-6:2 □April 29 Ephesians 3:14-21 April 30 Hebrews 11: 1-6 □ May 1 Matthew 5: 38-48 □ May 2 Daniel 3:13-18, 25-27 □ May 3 Philippians 3: 7-11 May 4 Psalm 88: 1-13

Week 19

□May 5 Ephesians 6:10-20 May 6 Romans 8: 1-2, 10-17 □May 7 Matthew 6:25-34 May 8 Zephaniah 3: 14-17 □May 9 Proverbs 12: 2-15 □ May 10 1 Samuel 1:10-18; 2: 1-2 □ June 21 Isaiah 65: 17-25 May 11 Exodus 17: 1-7

Week 20

□ May 12 Psalm 49: 5-20 May 13 Philippians 2:12-18 May 14 Romans 2: 12-16 May 15 Jonah 2: 1-9 May 16 Isaiah 9: 2-6 May 17 Mark 14: 3-9 □ May 18 Micah 6: 6-8

| Week 24 | | | | | |
|---------|----|------------------------|--|--|--|
| June | 9 | 1 Peter 1: 3-9 | | | |
| 🗌 June | 10 | Isaiah 43: 1-7 | | | |
| 🗌 June | 11 | Mark 10: 13-16 | | | |
| 🗌 June | 12 | Psalm 121 | | | |
| 🗌 June | 13 | Matthew 10:16-20, 26-3 | | | |
| 🗌 June | 14 | John 8: 27-32 | | | |
| 🗌 June | 15 | Judges 7:1-8, 22 | | | |

□ June 22 2 Corinthians 12: 5-10

We

🗆 Jı ians 4:32-5:10 \Box Ji iah 29: 10-14 □ June 25 Acts 9: 36-42 Psalm 63 1 Timothy 6: 6-12 □ June 28 Philippians 4: 10-13 June 29 Psalm 4

| Week 27 | | | | | |
|---------|----|----------------------|--|--|--|
| 🗌 June | 30 | Psalm 18: 20-27 | | | |
| 🗌 July | 1 | James 4: 4-10 | | | |
| 🗌 July | 2 | Isaiah 30:1-5, 15-18 | | | |
| □ July | 3 | 1 Corinthians 2: 1-5 | | | |
| 🗌 July | 4 | Matthew 6: 5-13 | | | |
| 🗌 July | 5 | Proverbs 1: 1-9 | | | |
| □ July | 6 | Mark 11: 20-25 | | | |
| Week 2 | 8 | | | | |
| 🗌 July | 7 | 2 Peter 1:3-11 | | | |
| July | 8 | Proverbs 30: 5-8 | | | |
| □ July | 9 | 1 Thess. 4: 13-18 | | | |

□ July 10 Genesis 3: 17-24

□ July 12 James 1: 19-27

□ July 13 Luke 11: 5-13

July 14 Psalm 43

July 16 Hosea 14

July 17 Daniel 6: 10-23

July 19 Matthew 5: 3-10

July 20 2 Chron. 20:5-12, 15

July 22 Deut. 1: 26-31

July 23 Genesis 15: 1-6

July 24 John 13: 31-35

July 27 Ephes. 2:11-22

□ July 28 1 Samuel 18: 5-9

□ July 30 Jerem. 26: 12-15, 20-

□ July 31 Galatians 3: 26-4:7

☐ Aug 1 Hebrews 12:1-3

Aug 2 Isaiah 49: 14-18

Aug 3 Mark 9: 33-37

July 25 Proverbs 15:13-15, 30

July 26 Song of Songs 8: 6-7

Luke 15: 8-10

Proverbs 24: 15-18

Genesis 33: 1-11

1 John 3:1, 11-18

Proverbs 3: 11-12

Matthew 7: 13-14

Amos 5: 10-24

July 21 1 Corin. 12: 12-20

July 18 Job 38: 24-38

Week 29

Week 30

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Week 31

Week 32

Aug 4

Aug 5

Aug 7

Aug 6

Aug 8

Aug 10 Psalm 85

Aug 11 2 Corin. 8: 1-9

Aug 12 Job 2: 7-10

Aug 13 Acts 4: 32-35

Aug 14 James 2: 14-26

Aug 17 Luke 22: 14-23

□ Aug 15 Jeremiah 15: 15-21

Aug 16 Psalm 139: 1-6, 23-24

Aug 9

Week 33

☐ July 29

July 15

□ July 11 Nehemiah 1: 5-11

Acts 10: 23-28

Week 34

| Aug | 18 | Psalm 121 |
|-----|----|------------------------|
| Aug | 19 | Psalm 107: 1-3, 23-32 |
| Aug | 20 | 1 Sam. 24: 1-4, 14-18 |
| Aug | 21 | Acts 1: 1-8 |
| Aug | 22 | 1 Corin. 1:10-17 |
| Aug | 23 | 1 Timothy 5: 1-8 |
| Aug | 24 | Matthew 10: 1-7, 32-33 |
| | | |

Week 35

| □ Aug 26 Revelation 22: 12-21 | |
|-------------------------------|--|
| □ Aug 27 Romans 1: 1-7, 14-17 | |
| Aug 28 2 Chronicles 34: 1-8 | |
| Aug 29 Isaiah 12 | |
| □ Aug 30 Ephesians 4: 20-32 | |
| Aug 31 Genesis 11: 26-32 | |

Week 36

| Sept Sept Sept Sept Sept Sept Sept | 2 3 4 5 6 | Luke 15: 17-24 Matthew 6: 9-13 Jeremiah. 3:11-15, 22 Deut. 33: 1-5, 12 Colossians 2: 6-15 Isaiah 6: 1-8 2 Corinthians 5: 14-20 |
|--|-----------------------|--|
| Sept | 7 | 2 Corinthians 5: 14-20 |
| | | |

Week 37

| Sept | 8 | Philippians 2: 1-11 |
|--------|----|---------------------|
| Sept | 9 | Proverbs 3: 13-18 |
| Sept | 10 | Romans 5: 12-19 |
| Sept | 11 | Psalm 1 |
| □ Sept | 12 | Hebrews 13: 11-10 |
| □ Sept | 13 | Isaiah 64: 5-9 |
| □ Sept | 14 | Mark 5: 1-20 |

| | Week 38 | | | | | |
|----|---------|----|-------------------|--|--|--|
| | Sept | 15 | Isaiah 43: 18-21 | | | |
| | Sept | 16 | 2 Corin. 2: 14-17 | | | |
| 24 | □ Sept | 17 | Jeremiah 1: 4-10 | | | |
| | □ Sept | 18 | Luke 19: 1-10 | | | |
| | □ Sept | 19 | Exodus 23: 1-9 | | | |
| | □ Sept | 20 | Romans 8:26-30 | | | |
| | □ Sept | 21 | Malachi 4: 1-3 | | | |
| | | | | | | |

Week 39

| □ Sept | 22 | Philippians 4:1-9 |
|--------|----|-------------------|
| □ Sept | 23 | Psalm 42 |
| Sept | 24 | Matthew 11: 25-30 |
| □ Sept | 25 | Isaiah 40: 21-28 |
| 🗌 Sept | 26 | 1 Samuel 4: 12-22 |
| □ Sept | 27 | Romans 12: 1-3 |
| Sept | 28 | Psalm 73: 23-28 |

Week 40

| | | Revelation 2: 12-17 |
|--------|----|-----------------------------|
| □ Sept | 30 | Deut. 5: 28-33 |
| | | 2 Corinthians 4: 7-18 |
| Oct 🗌 | 2 | John 4: 7-24 |
| Oct | 3 | Psalm 23 |
| Oct | 4 | 1 Thess. 5: 11-25 |
| Oct | 5 | Philippians 3:12-16; 4: 1-2 |

| | June | 15 | Judges /:1-8, 22 | | |
|---------|--------|----|--------------------------|--|--|
| Week 25 | | | | | |
| | 🗌 June | 16 | Galatians 5: 16-25 | | |
| | 🗌 June | 17 | Job 40: 15-24 | | |
| | 🗌 June | 18 | Luke 5:12-16 | | |
| | 🗌 June | 19 | Proverbs 21:21-31 | | |
| | 🗌 June | 20 | Genesis 28:10-15, 20- 22 | | |
| | | | | | |

| ек 26 | | | | | |
|-------|----|--------|--|--|--|
| une | 23 | Ephesi | | | |
| une | 24 | Jeremi | | | |