The Holy Liturgy

- You are closer to God in the liturgy than any other time in life.
- The Holy Communion is your biggest source of power.
- COME FULL OF THANKS AND REPENTANCE.
- If YOU aren't praying in the Liturgy nobody is!
- In the liturgy we are RELIVING not re-enacting Salvation.
- In the mass the Holy Spirit comes on you as well as the bread and wine.
- In the communion YOU become a part of GOD UNITED.
- The whole point of confession is JOY.
- Do you have a spiritual guide to help you on the way?

Whoever eats My flesh and drinks My blood has eternal life, and I will raise him up at the last day. - John 6:54

The Eucharist is a fire that inflames us, that, like lions breathing fire, we may retire from the altar being made terrible to the devil.

St. John Chrysostom

You cannot wait to be in the mood of prayer: you have to use the spur of your Prayer Rule to force yourself to pray.

Sergei Fudel

The sacraments are personal. They are means whereby God's grace is appropriated to every Christian individually.

Bishop K. Ware

The Holy Liturgy - Workshop

If God is everywhere why should I come to the Liturgy? Can't I pray myself?
What is the New Testament?
What do you think of 1 Corinthians 11:27? Is anyone actually worthy? "Therefore whoever eats this bread or drinks this cup of the Lord in an unworthy manner will be guilty of the body and blood of the Lord."
How do you prepare for the Liturgy?
What do we do straight after communion?
What does ECCLESIA mean? What does this mean for me?
Is gathering together enough?
What does it mean to be a "united people"?